

TMJ History

Date_____

Name_____Age_____Date of Birth_____Sex_____

Occupation_____Who referred you?_____

Do you have clicking, grating or popping noise in the joint? Yes No If yes, which side? Right Left

When did you first notice the noise?_____

Has the noise become more pronounced recently?_____

When?_____

Do you have pain in or around the joint? Yes No If yes, which side? Right Left

When is the pain worse? Mornings evenings at meals no specific time other_____

Describe the pain: dull stabbing throbbing continuous intermittent other_____

Does the pain feel like it is in your ear? Yes No If yes, which side? Right Left

When did you first notice the pain?_____

Has the pain recently become more pronounced? Yes No When?_____

Does your joint problem interfere with your work and other normal activities? Yes No

Are you presently taking or have you ever taken medications for this problem? Yes No

If yes, what?_____

Have you had any injury to the face which might have contributed to this condition? Yes No

If yes, please explain:_____

Have you had problems with other joints? Yes No If yes, which joints?_____

Do you have difficulty chewing? Yes No

If yes, is it because of: Pain in joint Missing teeth Pain in teeth
Limited opening Clicking Other_____

Is your jaw ever stiff? Yes No

If yes, when: mornings evenings at meals no specific time other_____

Has your mouth ever locked open so you were unable to close it? Yes No

If yes, how often? _____

Have you ever had episodes where your jaw would not open or was limited in opening? Yes No

If yes, when? _____

Do you think your joint problem has affected your hearing? Yes No

Please number the following problems in the sequence of the time in which you became aware of them. Number only those problems which you have had in the past or have now:

_____ Pain

_____ Noise

_____ Limited opening

_____ Other _____

Are you aware of clenching your teeth? Yes No

Are you aware or have others told you that you grind your teeth? Yes No

How does your nervous tension seem to affect your joint problem? _____

Has there been a recent change in your lifestyle such as a change in marital status, childbirth, change of employment, death of a loved one or other stressful events? _____

Have you had orthodontic treatment? Yes No When? _____

Have you had x-rays or any imaging done for this joint problem? Yes No

If yes, when and where? _____

Have you received any previous treatment for this condition? Yes No

If yes, when and where? _____

Which aspect of your problem concerns you the most? _____

Patient/Parent Signature _____ Date _____